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| Section | BEAVERS *delete as appropriate* |
| Week | 5 | Date | 20/05/2020 |
| Zoom Meeting Recap: |
| We started the session with our BEAVERS sign We all shared our safety posters and talked about what we need to wear to stay safe when riding a bike. We played a blindfold drawing gameLuke showed us how to pump up a bike tyre and this is our challenge this week!We all shared what we had been up to and played our flag game. We finished with our BEAVERS sign again |
| Scouting from home task: |
| Badge/Activity | *Cyclist Badge*  |
| Requirements | 1. Find out why it’s important to wear safety equipment like a helmet, reflective clothing and lights
2. Show how to put on and wear a cycle helmet correctly
3. Show how to pump up a tyre
4. Go for a short ride in a safe place
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| Your Task | Go for a short bike ride – wearing a correctly fitted helmet Pump up the tyres on your bike  |
| Useful Resources |  |
| Next Step | *Send a photo or video of you riding your bike wearing a helmet to Jemma or post it on our Facebook page. Take a photo of you pumping up the tyres on your bike too and share it with us!*  |

